

NOTTINGHAM CYCLIST



Spring/Summer

No. 87

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NOTTINGHAM'S CYCLING TOWN PROJECT BID SUBMITTED



Nottingham City Council, with the strong support of Pedals and a range of other local stakeholders, has recently submitted a bid to Cycling England for their new round of Cycling Demonstration Town projects.

The previous CDTs, implemented over the last three-four years, awarded very useful extra funding to several places including Derby, Aylesbury, Brighton, Exeter, Darlington and Lancaster. Each has introduced differing sets of measures to promote cycling.

The new round of bids, which have attracted a great deal of interest, are for ten 'Cycling Towns' and one 'Cycling City'. Cycling England define a Cycling Town as "one that seeks to create an exemplary cycling environment that will help to make a transformational change in behaviour and local culture towards cycling."

A total 74 completed bids were apparently received from across all regions and settlements of all sizes. Following interviews with bidders, Cycling England hope to announce a decision on the first batch of these in June, with others, needing more negotiation, to be announced in the autumn. Bids have had to meet several clear criteria and to have a clear focus.

Significant funding is available for successful bidders - a total of £47million is available over a



three year period (starting 2008-09). Any funds awarded will have to be at least 100% matched. Together these funds represent a major opportunity to boost cycling locally.

The aim of the Nottingham bid is to gain new and regular cyclists from 'hard to reach' deprived communities of the city through the targeting of families living in a large area alongside Sustrans National Cycle Network Route 6 in the west of the city, from Bulwell southwards including Aspley, Beechdale, Bilborough and Clifton.

The targeted and cohesive approach would involve delivering improved infrastructure and a range of successful "smarter travel choices" initiatives through schools, individual travel planning and health professionals, as well as advice on bike security and theft prevention.

NCN Route 6 would be upgraded, where necessary, and new quality links developed to modern standards, including signage and markings, between the Route 6 spine and other 'cycling corridors' being planned for upgrading, i.e. from Strelley, Hucknall and in Clifton.

High quality links and associated supporting infrastructure would be developed from the above spines into local residential areas and substantial community facilities to facilitate cycle access to health, learning, employment and leisure opportunities. Priorities would consider the following:-

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developed from the above spines into local residential areas and substantial community facilities to facilitate cycle access to health, learning, employment and leisure opportunities. Priorities would consider the following:-

- Health facilities: Health Centres, Surgeries, LIFT Centres
- Joint Council and PCT (Primary Care Trust) Service Centres (BSF & LIFT Programmes)
- Schools, Surestart, Family Centres, FE Colleges, Voluntary Community Learning Centres
- Shopping centres
- Employment sites and Large employers
- Leisure centres
- Parks / open spaces – e.g. Broxtowe Country Park and Bilborough Park
- Transport interchanges – stations, park and ride sites
- Development of cycling infrastructure within the selected facilities e.g. increased capacity of secure cycle storage facilities, including shower / changing facilities at selected locations
- Development of Bike Recycling Schemes for cheap resale and rental schemes

There would also be a coordinated and targeted Smarter Travel choices campaign targeting (in the first instance) the families of Year 6 pupils undertaking Level 2 (BikeAbility) cycle training as a 'way in' to the wider community to promote cycling as a means of access to the facilities outlined above. This would also include:

- Engagement with schools, local authority, health and employment services
- Individual travel planning including route planning support
- Free CTC Level 2 Cycle training for individuals and families where necessary (with local champions employed to deliver a significant element of training). This will be supported by School Champions and use of extended school hours to encourage group rides and Level 3 accreditation
- A promotional campaign with wider stakeholder support to persuade families in these areas to 'get on their bikes' and make use of the facilities around them,

Health initiatives are also very important as the entry to the family in the project - the national agenda for Healthy Families as delivered by two local projects; Get Moving Nottingham, and the Get Cycling Nottingham Cycling England / Nottingham PCT / Ridewise project featured in the last Pedals newsletter and now being implemented – see *article below*.

Full details of the final version of the Cycling Towns bid maybe found in the Campaigns section of the Pedals website – www.pedals.org.uk

Get Cycling Nottingham Cycling and Health Project Officer starts work

- Introducing Murat Basaran

My name is Murat Basaran, I have recently been employed by Ride-wise, the local cycle training company, to manage the **Cycling for Health pilot project** on behalf of Nottingham city PCT (Primary Care Trust)



The project has been set up to help provide opportunities for employees of the city Primary Care Trust and people in local communities who are linking into other health awareness programmes, to become more physically active and improve their levels of health with the provision of free cycling provision.

Evidence shows that people who are physically active reduce their risk of developing major chronic illness by 50% but at present only 17% of men & 13% of women nationally reach the recommended levels of physical activity. The good news is that it is never too late to establish a physically active lifestyle and reap the health benefits so introducing cycling as way to achieve this will help to fulfill many people's aspirations to become healthier and fitter for free!

Free cycling lessons are available to people who are interested in learning to cycle as clients of partner organisations including the YMCA Wellbeing Centre in Radford and Health Trainer teams including those based at the Pakistan Centre, The Broxtowe Partnership Trust and the PCT Linden House in Aspley site.

Another important area for the project is **providing free cycling lessons for the workforce of the city Primary Care Trust**. With improvements in the city's road infrastructure, traffic calming measures and improved cycle routes into the city, commuting to work by bike is becoming a much safer and realistic option.

The project will be able to provide employees who are perhaps not all that confident at cycling but who would like to bike to work the opportunity to have free lessons. Not only will they be exercising regularly, improving their health and lowering the risk of chronic disease, but they will be saving money on motoring costs and discovering the many other benefits associated with cycling.



Together with Graham Hubbard, Coordinator of Ridewise, we are in the process of putting systems in place and creating a team to complement the work of Ridewise Cycling Instructors, who will be directly involved delivering training to both groups of participants.

Sourcing and training partners from other projects including the Health Trainers and Exercise Referral Instructors to deliver cycling sessions to individuals

coming through the health referral route is also a priority at this early stage.

Together with Graham Hubbard, Coordinator of Ridewise, we are in the process of putting systems in place and creating a team to complement the work of Ridewise Cycling Instructors, who will be directly involved delivering training to both groups of participants.

What happens next?

Once the participant questionnaire is finally approved, which is the key to assessing the success of the project, 'Cycling for Health' will go live. This should be by the end of April.

Name:

Address:

Contact:

Let us know if you want to get more involved:

I'm interested in (please tick)

- having a cycling lesson
- becoming a cycling instructor
- more information about cycle opportunities and facilities

Return to: Cycling for Health - Get Cycling Nottingham Ridewise;
- c/o Groundwork Greater Nottingham, Denman St East,
Radford, Nottingham NG7 3GK

www.ridewise.org.uk

This project is funded by the DfT on behalf of 
and is supported by Government Office East Midlands
and the Directorate of Public Health East Midlands.



Looking ahead, **we are hoping to find ways to provide free bikes or loan bikes to participants to use for cycle lessons** and discussions are currently taking place with local recycling bike schemes.

Another opportunity we are looking into is the **provision of off-road group cycle rides** to ensure cycling continues to be accessible within local communities. Once again, research and discussions are taking place to create ways in which this can be managed and sustained once the project draws to a close.

Finally, I would like to mention a few people including Donna Perry Health Trainer, Sarah Diggle, Senior Health Promotion Specialist, and Andy Raynor YMCA Health Promotion Manager for their contribution and advice so far.

The 'Cycling for Health' project one of two specifically targeted pilot schemes, is funded for two years through Cycling England and led by Helen Ross, Public Health Development Manager at Nottingham City PCT.

If you are able to support the project in any way or would like to

be a sponsor for forthcoming events, or would just like to find out more, please contact Murat Basaran – Project Manager on: 07791 724548.

Murat Basaran - Cycling for Health Project Manager for Nottingham City Primary Care Trust based at Ridewise
Groundwork Greater Nottingham
Denman Street East
Nottingham
NG7 3GX
tel: 0115 9788212
email: cyclingforhealth@hotmail.co.uk



Urgent Appeal for more Ridewise Instructor Volunteers!

Ridewise urgently needs more people to volunteer as Ridewise instructors to help with its expanding programmes, boosted by the new Get Cycling Nottingham Cycling for Health Project.

If you can help, or know anyone else who may be interested, please contact either Murat Basaran (Get Cycling Nottingham Project Manager) or Graham Hubbard (Ridewise Coordinator) at Ridewise (contact details as above)



Rebecca Firmin—Nelsons

Failure to meet EU deadline could have fatal consequences

Reports that the UK Government may miss an EU deadline for fitting blind spot mirrors to HGV lorries are causing concern in cycle groups. It is believed that ministers have not yet agreed a timetable for implementing the EU law, which is required to be in force by the end of March 2009. It is intended that the Directive, which will apply to all lorries registered since 2000, will save up to 1,300 lives across Europe over the next fourteen years.

The risk to cyclists from lorries is immediately apparent from the statistics. The EU consultation on the legislation estimates that around 400 people each year are killed by lorry drivers who have failed to observe them. In 2006, Department for Transport figures revealed that there were 314 collisions between HGVs and cyclists resulting in 21 riders being killed and 62 being seriously injured. Although only 2% of cyclist casualties occurred in collisions with HGVs, this resulted in 28% of cyclist deaths. The vast majority of collisions between cyclists and lorries occur in built-up areas, despite the fact that only 25% of HGV mileage is on built up roads.

These worrying statistics are no doubt the impetus for a number of ongoing campaigns around the country to improve lorry visibility. Transport for London have handed out 10,000 stickers called 'Fresnel lens' to HGV drivers. The sticker, which is placed on the passenger side window of the truck cab, allows drivers to see cyclists coming up on their left. In London in 2007, 9 out of 16 cyclists who died in the city's roads were involved in a collision with a HGV. In a similar promotion, East Midlands traffic officers are distributing 'Fresnel Lens' to drivers of left-hand drive lorries in an attempt to reduce the number of injuries caused by 'sideswipe' incidents after a trial in the South East showed a drop of 59 per cent following a similar distribution.

It is obviously of concern that the compulsory fitting of blind spot mirrors may be delayed. When the BBC reported cyclists' concerns, the Department for Transport released a statement confirming that they would ensure that the EU directive was implemented on time.

By way of an update, you may recall the article written by my colleague, Amy Grattan in the winter 2006 edition in which she explained the procedure for fatal accident compensation claims. In that article Amy confirmed that there is a bereavement damages award set by the *Fatal Accidents Act 1976* of £10,000. In 2007, the Government announced their intention to increase the level of bereavement damages every three years in line with the Retail Prices index. It has been confirmed that this has now increased as from 1 January 2008 to £11,800. The sum itself is little consolation to those bereaved as a result of an accident but it is positive news that there is an intention to keep increasing the award in the future.

Rebecca Firmin is an Associate Solicitor at Nelsons, part of a dedicated team of personal injury lawyers with a national profile currently handling over 5,000 claims for a wide range of injuries from accidents on the road or at work, through to clinical negligence or criminal injuries. She can be contacted on (0115) 989 5259.

Postscript: new newsletter sponsor sought!

Nelsons, who have been sponsoring our newsletter for the last three years, have decided following a review of all their sponsorship activities that they will no longer be able to continue with this.

Their sponsorship has done much to help us improve the quality of the newsletter and, without some replacement sponsor, we may have to cut this back drastically, at least in terms of page length of frequency of issues (now thrice-yearly) and maybe general print quality.

Any ideas on other potential sources of sponsorship we might tap locally would be very welcome please!



Dates for your Diary

Come and join us!

Pedals monthly meetings are held on the third Monday of each month in the top room of The Globe PH on the London Road and Rye Hill Street, just north of Trent Bridge, at the edge of The Meadows, starting at 7.30 p.m.

We often devote the first half of the meeting to a discussion with a visiting speaker. People are welcome to come just for this and then leave before the second half of the meeting, devoted to general business!

- Monday 19 May including discussion with Cllr. Jane Urquhart, City Council Portfolio Holder for Transport, Environment and Regeneration (tbc)
- Monday 15 June including discussion with Helen Clayton from The Big Wheel.
- Monday 21 July
- Monday 18 August
- Monday 15 Sep[tember]

Other meetings / events:

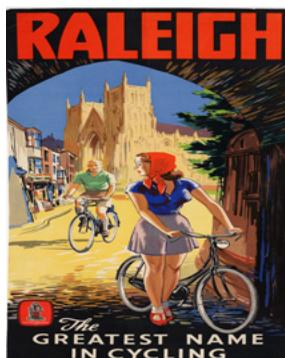
Nottinghamshire County Council's Rural rides Programme

brochures available from local libraries and cycle shops or from the County Council website.



Sat 12 April - Sun 3 August:
'Wheels of Fortune'/Exhibition,
on the history of Raleigh Cycles Nottingham,
Weston Gallery, the Lakeside Art Centre at University Park,
organised by the Manuscripts and Special Collections Department of the Nottingham University Library.
Details at:

<http://www.lakesidearts.org.uk/Exhibitions/ViewEvent.html?e=1171&c=5&d=0>



**Greater Nottingham
Greenweeks: Sat 24 May-Sun 15
June 2008**

Details at: www.greenweeks.org/

**Sun 25 – Mon 26 May Get
Cycling Show, Nottingham
Racecourse, organised by the
Company of Cyclists:**

Details from Jim McGurn,
Company of Cyclists, email:
jim@companyofcyclists.com

24- 27 May: Roundhill School



Beeston to Paris Ride

To raise funds for Roundhill
School – see their website:
www.r4rh.org/

**Sat. 7 June, West Bridgford
Summer Gathering, Bridgford
Park,**

organised by Pedals member
Karina Wells – details from
karina.wells@ntlworld.com or visit
www.wbsummergathering.blogspot.com

**Sat. 7 June: Bike Skill Share:
Bike to Basics - simple, regular
bike maintenance skills.**

The day begins with a gentle 2-
hour ride from Wollaton Park
(meet at 10.00, in the car park by

the swings) through quieter streets
and finishing with a low-cost buffet
lunch at Sumac at 12 p.m.

- The afternoon will involve a
bike maintenance skillshare, net-
working, with publications and
other information from cycling
groups and other related organisa-
tions.

More information from Eleanor,
email: [skillshare@
eastsideclimateaction.org.uk](mailto:skillshare@eastsideclimateaction.org.uk)

**14-22 June: Bike Week - details
at www.bikeweek.org.uk/
including:-**

**Wed 18 June: Wheely Big
Cyclists' Breakfast, in the Old
Market Square, organised by
Nottingham City Council and
The Big Wheel.**

Details from
Steve Cornes, City Council, email:
steve.cornes@nottinghamcity.gov.uk

**Wed 18 June: Greater Notting-
ham Transport Partnership Cy-
cle Forum**

- will take place after the
Wheely Big Breakfast – with a
10am registration in The Council
House.

If you'd like to attend then please
email [helen.clayton@
gnpartnership.org.uk](mailto:helen.clayton@gnpartnership.org.uk)
to reserve your place.



Thurs 19 June: Ruddington Fields Business Park Cycling Fair, Rushcliffe Country Park Education Centre

Details from Claire Fleming, Notts CC, email: claire.fleming@nottsc.gov.uk

Sunday 22 June: Great Nottinghamshire Bike Ride
entry forms available from local libraries and cycle shops and from the Nottinghamshire County Council website:

www.nottinghamshire.gov.uk/home/environment/countryside/cycling/bikeride.htm

Sat 6 September: 10.30: Meet Up Ride – Unfold those folders again

Another joint ride, organised by Sheffield Pedal Pushers and Sheffield CTC in collaboration with Pedals, departing from Mansfield Woodhouse Station car park, and including lots of chat.

Details from Susan Young (Pedals) on (07963) 269159, email:

susan.young@nottingham.ac.uk or Simon Geller, (Sheffield Pedal Pushers), email: simonmichaelgeller@gmail.com

Sat 13 September Ride & Stride Nottinghamshire (Historic Churches Bike Ride)

More information from Mike Elliott, Organiser, email: elliottnews@btconnect.com

Sat 27 September (11 a.m. – 4 p.m): 5th meeting of the East Midlands Cycling Forum, St Mary-le-Wigford Church Hall, Lincoln. Details from Sylvia Turner, Secretary, Cycle Lincs, email: cyclelincs@yahoo.co.uk

Pedals revamped website goes from strength to strength – TAKE A NEW LOOK at www.pedals.org.uk

Over the last year Larry Neylon has put in a tremendous amount of work to revamp and expand the Pedals website, and to keep it regularly updated with news of forthcoming events, etc.

You can find a **downloadable membership form**, to encourage your friends to join, and **many other features including:**

- Where to get local cycle maps and guides
- Information on cycle lockers
- Information on bike security
- Rural rides programme
- Information on Ridewise activities
- Advice on cleaning your bike
- Past Pedals newsletters
- Past Pedals meeting agendas and minutes
- Important Pedals and other local cycling policy statements, e.g. our submission to last autumn's NET extension public inquiry and the recently finalised City Cycling Action Plan
- Links to other useful cycling websites, etc, etc.!

Do please pay your Pedals subs by standing order!

This saves us money, time and admin!

Thank you!

Pedalite discounts for Pedals members

Pedalite produce battery-free flashing pedals, which are being promoted for their safety at road junctions in the dark, and you can now get discounts on these on production of your Pedals membership cards, thanks to an initiative by Karina Wells.

They are sold in some cycle shops including Evans Cycles and will be on display the West Bridgford Community Gathering which Karina is organising on Saturday 7 June.

Message from our new Social Secretary, Dave Clark

I am now the new social secretary for Pedals and would like to know what other members would like to see and do, I have thoughts about more picnics for next year,

A ride to Wollaton Park and look round the hall, back stage tours at the Theatre Royal, perhaps going to a pantomime or to a play, perhaps going on the Trent lady?

These are a few ideas that we could do once a month. Perhaps we could go cycling on the Tissington trail in Derbyshire.

If interested, please leave a message at my email address: davidclark_71@hotmail.com. or phone / text me on 07969020795
Dave Clark

Ideas please for celebrating Pedals 30th birthday in 2009!

Yes, indeed, next year Pedals will be 30!



We are now thinking about ideas to mark this important event but are open to other ideas too.

Ideas so far suggested including hosting a national cycle campaigners' conference (CTC and Cycle Campaigns Network) and running some kind of 'Movers and Shakers' project as very successfully developed by the Wandsworth Cycling Campaign in London.

Movers and Shakers is an innovative action research project aimed at giving potential role models throughout Wandsworth the opportunity to have professional cycle training and then to tell everyone about their experiences. It has targeted local opinion-formers, such as elected representatives, celebrities, community and faith leaders, educationalists, business leaders and journalists.

It has enabled the local Movers to start cycling (or to cycle more), to gain a better understanding of cyclists' concerns, and to promote their experiences and cycling awareness through media coverage in Wandsworth and beyond. It also has explored the barriers to, and perceptions of, cycling as a mode of transport, to help provide valuable feedback for future campaigns.

For more information see: www.movers-shakers.btik.com/

We would welcome ideas for people interested in contributing to such a project in the Nottingham area, with or without modifications from the successful Wandsworth experience!

Cycle scheme update:

Recently completed or soon to be completed schemes include:-

- New section of the riverside path improvements on the north bank of the Trent between Colwick Park (Racecourse Road end) and Trent Lane.
- Riverside path improvements east of Clifton Bridge, on the north bank of the Trent near the Park and Ride site.
- Riverside path improvements on the north bank of the Trent between Beeston Lock,
- Shared path and toucan crossing on Bramcote Lane near

Attenborough and Trent Lock and including the Attenborough Loop route near the Attenborough Wildlife Centre.



Proposals to go ahead in the next few months or year include:-

- New cycle lockers in the Victoria Centre and (by the end of July) at the park and ride site at the Phoenix centre NET tram terminus (see: www.pedals.org.uk/city_cycle_lockers)



- Improvements to the contra-flow cycle lane on Pilcher Gate near the multi-storey park entrance
- Improvements to the Maid Marian Way toucan crossing (by Castlegate).
- An improved link between the canal towpath and the path on the north side of the Trent just east of Clifton Bridge.

- Improvements to the Maid Marian Way toucan crossing (by Castlegate)
- A replacement cycle-foot bridge for the present narrow bridge over the Canal basin entrance at Castle Marina



Other problem locations discussed by Pedals with the City Council include:-

- Poor cycle lane markings on Melbourne Road on the approach to the Nuthall Road (A610) junction
- Poor signing on the cycle cut-through in Lenton between Old Church Street and Priory Street, especially by the new housing development access road junction.
- The worse situation for cyclists on the cycle path on the north side of University Boulevard by the south entrance to Nottingham University since the changes to the road layout last summer.
- The lack of proper enforcement action against drivers abusing cycle lanes, at many locations and perhaps most of all on Woodborough Road, along with similar common abuse of Advance Stop Lines for cyclists.

...and opportunities!

- **Further cycle parking in the City Centre**, to add to the welcome expansion of provision in recent years and including Upper Parliament Street, Angel Row and the Lace Market area.

Pedals has expressed strong support for the plans for **'The Hub'**, the major redevelopment of Nottingham Station, while emphasising the various ways in which opportunities need to be taken to ensure that cyclists get full benefits from these bold and visionary plans!



Particularly welcome is the proposed new Secure Bike Compound on Station Street but it must have plenty of room for expansion, we have stressed, and there must also be secure and convenient bike parking on the other side of the station in the new multi-storey car park, off Queen's Road!



This will extend the opportunities for cyclists from the Nottingham area wishing to take their bikes on these trains to reach Sherwood Forest and the rest of the more attractive countryside nearby in the north of the county.

Robin Hood Line Sunday running good news for cyclists

Congratulations to Nottinghamshire County Council and East Midlands Trains on their agreement to introduce Sunday services on the Robin Hood Line from December.

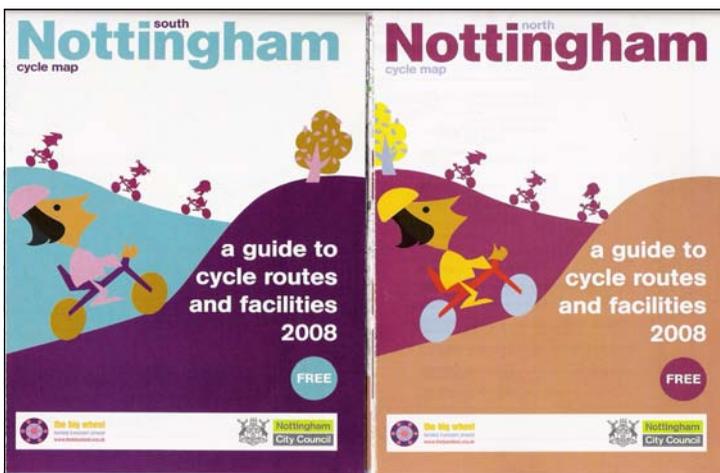
This will extend the opportunities for cyclists from the Nottingham area wishing to take their bikes on these trains to reach Sherwood Forest and the rest of the more attractive countryside nearby in the north of the county.

New City Cycle Maps now out!

Copies of the two new City Cycle Maps (North and South) are now available by phoning (0115) 915 6221 or emailing:-
traffic.management@nottinghamcity.gov.uk

They cover several adjoining urban areas, e.g. Beeston, Arnold and West Bridgford and have been designed to complement the new South Nottinghamshire map, the latest in the series covering the whole county and produced by the County Council. This new map has just been published.

For more information on local maps and guides visit the special section on the Pedals website:
www.pedals.org.uk/maps_and_routes





County Council cycling meetings delay:

With the lack of a cycling officer at the County Council since last December it has been difficult to get various things in their area progressed and a long backlog of issues has built-up.

As we go to press we are glad to learn that, after several months delay, the next Cycle Working Group meeting will at last take place early in June.

Broxtowe Council growing support for cycling

For many years Rushcliffe Borough Council seemed to show the most interest in cycling of any local Borough/District Council but it now seems as though Broxtowe's

interest is increasing as that of Rushcliffe has gone right down.

There was a special report on Cycling at the meeting of the Broxtowe Planning and Development Committee on 19 March which Pedals was invited to. Much interest was shown in ways in which cycling in Broxtowe could be increased in the north of the Borough as well as in the Beeston area where levels of cycling are higher than anywhere else in Greater Nottingham.

Pedals considers that there are **many good opportunities to improve cycling provision**, including ones as part of major redevelopment plans such as those proposed for Beeston town centre.

Also very important for cycling in this area will be to ensure that cycling is fully considered in the detailed NET expansion plans if those get the go-ahead following last autumn's Public Inquiry.

This presents many potential problems, on narrow roads like Chilwell Road, as well as opportunities, e.g. further out towards Chilwell and Toton where space exists for good cycle routes alongside the new tram line.

Cycling provision in Broxtowe also needs to be carefully considered in relation to the City Council's plans for improving key commuter cycling corridors, including that proposed from Strelley.

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BIG WHEEL CYCLING PROMOTION

Report by Helen Clayton

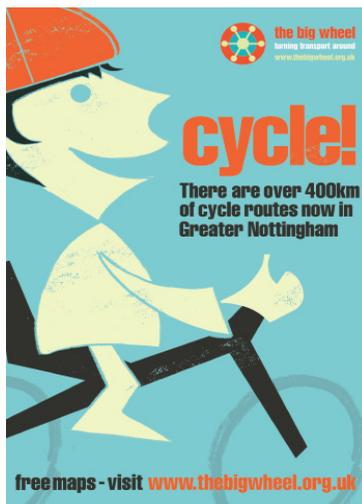
Once again, the Big Wheel is hot on the case of encouraging new and committed cyclists to take to the saddle. This year an extensive Summer of Cycling and Walking is in place to really make the most of the opportunities around Greater Nottingham.

The Big Wheel will be present at this Spring's Get Cycling Show at Nottingham Racecourse on the 24th and 25th May and will also be engaging in a number of 'green' and healthy themed games at Nottingham's major football clubs and Nottinghamshire Cricket Club. We're sponsoring the Great Notts Bike Ride for the 3rd year and are looking forward to a bumper turnout.

And, once again, the Wheelie Big Breakfast will be taking place to reward cyclists with a free breakfast and drink – along with lots of opportunities to get a free bike MOT, health checks and goodies. The event will take place between 8am and 10am on Wednesday 18th June in Nottingham's Old Market Square. Everyone is welcome and this year will see lots of activities to entice new cyclists along to the event too. Plus, there are lots of caterers booked for the event, so if you had to queue last year then please don't be put off!

The Greater Nottingham Transport Partnership Cycle Forum will take place after the Wheelie Big Breakfast – with a 10am registration in Nottingham's Council House. There will be a full agenda with various speakers and information about cycling towns, plans for the future, feedback on recent activities, discussions about new maps and time for you to let your voice be heard. If you'd like to attend then please email helen.clayton@gpartnership.org.uk to reserve your place

But that's not all...there's so much happening this year, it really will be a summer bursting with Cycling and Walking activities to encourage and engage people with travelling sustainably and responsibly. If you've got a good idea that you think could encourage people into the saddle then please let us know! www.thebigwheel.org.uk



FEATURED CYCLIST - Peter Osborne



Tell us a bit about yourself: I'm in my mid forties, and have been living in Nottingham for nine years.

How long have you been riding? Nearly forty years.

What types of riding have you done and enjoyed? I commute regularly to work. I have done lots of day rides, weekend touring and many cycle tours throughout the UK and Western Europe. More recently I have toured in Norway and Morocco. I have also done a number of night rides.

How many bicycles do you have? Currently I have nine bicycles including a recumbent and a Brompton folder which has been ridden around the Arc de Triomphe in Paris.

Why did you join Pedals? To help to improve conditions for cyclists in and around Nottingham; which in turn would hopefully lead to more people enjoying the many benefits of cycling.

What gets your goat? The insane British car culture, and the lack of practical and safe provision for non-motorists.

What would you like to see more of? The kind of cycling infrastructure that is taken for granted in countries such as Holland and Germany. I would like to see Nottingham become Britain's premier city for cycling.

What are your other interests? As I am a Sustrans ranger too, my cycling activities do not leave me much time for many other things; but I am interested in most sports, and find time to play the occasional game of squash (badly). I'm also nearing the completion of an Open University degree.

A message to the Pedals membership? Please get involved in helping Pedals' campaigning. There are many opportunities to promote cycling, so any help is very welcome.





PEDALS CONTACTS

Pedals internet address
(Including downloadable membership form!)

www.pedals.org.uk

Chairman and Newsletter Editor: Hugh McClintock, 162 Musters Road, West Bridgford, Nottingham NG2 7AA, tel. (0115) 981 6206. email:

Hugh.McClintock@ntlworld.com

Secretary:

Vacant: offers welcome please!

Treasurer: Susan Young, tel. (0115) 928 9139, email:

Susan.Young@nottingham.ac.uk

Membership Secretary:

Chris Gardner, 11 Main Street, Bradmore, Nottingham NG11 6PB, tel. (0115) 921 1783, email: pedalsmemb@aol.com

Subscriptions rates (Membership year runs from 1 May to 30 April) £12.00 for a couple or family, £9.00 for an individual or £7 for unwaged

Please pay by Standing Order, if possible.

Publicity Officer:

Vacant: offers welcome please!

Distributor of the 'City - County- Forest ' Country rides book: and the Pedal Pushers' Guide: Lawrence Geary, 96 Pierrepont Road, West Bridgford, Nottm. NG2 5DW, tel. (0115) 982 2720

Pedals T-Shirts Distributor:

David Miller, 9 Studland Way, off Compton Acres, West Bridgford, Nottm. NG2 7TS, tel. (0115) 846 0688, email: david.millervilla@ntlworld.com

Ridewise Consultant:

Graham Hubbard, c/o Groundwork Greater Nottingham, Denman Street East, Nottingham NG7 3GX. mobile: 07818 263738, email info@ridewise.org.uk or ridewise@hotmail.com - website www.ridewise.org.uk

Doctor Bike Coordinator:

Peter Osborne, tel. (0115) 989 0632 (H), (0115) 974 7474, email: peter.osborne@ouvip.com or (work) osbornp@quadrant.co.uk

Pedals Webmaster:

Larry Neylon, 17 Percival Road, Sherwood, Nottingham NG5 2FA
email: lneylon@ntlworld.com

SERVICES, HELP AND INFORMATION: CYCLE ROUTE LEAFLETS AND OTHER INFORMATION?

See the Cycling Pages of the County Council website:

www.nottinghamshire.gov.uk/home/traffic_and_travel/traffictravel-cycling.htm
or http://www.nottinghamshire.gov.uk/traffic_and_travel-cycling

Maintenance reporting is via

www.nottinghamshire.gov.uk/home/traffic_and_travel/traffictravel-cycling/tt-cycle_path_faults.htm

County Council Cycling officer: (vacant since the departure of Ed Ducker in December 2007)

City Council (including Nottingham cycle maps): Steve Brewer, Sustainable Transport Officer, Transport Strategy Team, City Environment & Regeneration Department, Exchange Buildings North, Smithy Row, Nottingham NG1 2BS, tel. (0115) 915 6596, fax. (0115) 915 6596, email: steve.brewer@nottinghamcity.gov.uk

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**Deadline for copy for the next newsletter:
Monday 15 Sept. 2008**

Send to: Hugh McClintock
162 Musters Road, West Bridgford,
Nottingham NG2 7AA,
tel. (0115) 981 6206.

email:

Hugh.McClintock@ntlworld.com